

DR. ELIZABETH LOURENS

M E D I C A L A E S T H E T I C S

science - health - beauty



BOTOX COSMETIC

POST TREATMENT INSTRUCTIONS

1. Do not manipulate the treated area for 1 hour after treatment.
2. Work muscles in the area that was treated (frown, squint, raise eyebrows) as much as possible for 1 hour after treatment.
3. Do not participate in strenuous activity for 1 hour after treatment.
4. Do not lie down for 1 hour after treatment.

You may begin to see results in 2-4 days, but maximum results are typically achieved in 7-10 days. It is important to see Dr. Lourens for a follow-up appointment in 10-14 days so she can evaluate the results.

The results of your treatment will typically last for 3-6 months. However, keep in mind that everyone has a unique requirement of the amount of product it takes to achieve the results that you desire.

It is important to schedule a follow-up appointment in 3-4 months from your treatment so that Dr. Lourens may reevaluate your results.